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Lebenthal et al, Chapter 11, pages 125-138 (1990).
 As a barrier between apical and basolateral
 compartments, they selectively regulate the passive
 diffusion of ions and water-soluble solutes through
 5 the paracellular pathway (Gumbiner, *Am. J. Physiol.*,
253(*Cell Physiol.* 22):C749-C758 (1987)). This
 barrier maintains any gradient generated by the
 activity of pathways associated with the
 transcellular route (Diamond, *Physiologist*, 20:10-18
 10 (1977)).

There is abundant evidence that ZO, once
 regarded as static structures, are in fact dynamic
 and readily adapt to a variety of developmental
 (Magnuson et al, *Dev. Biol.*, 67:214-224 (1978);
 15 Revel et al, *Cold Spring Harbor Symp. Quant. Biol.*,
40:443-455 (1976); and Schneeberger et al, *J. Cell*
Sci., 32:307-324 (1978)), physiological
 (Gilula et al, *Dev. Biol.*, 50:142-168 (1976);
 Madara et al, *J. Membr. Biol.*, 100:149-164 (1987);
 20 Mazariegos et al, *J. Cell Biol.*, 98:1865-1877
 (1984); and Sardet et al, *J. Cell Biol.*, 80:96-117
 (1979)), and pathological (Milks et al, *J. Cell*
Biol., 103:2729-2738 (1986); Nash et al, *Lab.*
Invest., 59:531-537 (1988); and Shasby et al, *Am. J.*
 25 *Physiol.*, 255(*Cell Physiol.*, 24):C781-C788 (1988))
 circumstances. The regulatory mechanisms that
 underlie this adaptation are still not completely
 understood. However, it is clear that, in the
 presence of Ca^{2+} , assembly of the ZO is the result of
 30 cellular interactions that trigger a complex cascade
 of biochemical events that ultimately lead to the
 formation and modulation of an organized network of
 ZO elements, the composition of which has been only

partially characterized (Diamond, *Physiologist*, 20:10-18 (1977)). A candidate for the transmembrane protein strands, occluding, has been identified (Furuse et al, *J. Membr. Biol.*, 87:141-150 (1985)).

5 Six proteins have been identified in a cytoplasmic submembranous plaque underlying membrane contacts, but their function remains to be established (Diamond, *supra*). ZO-1 and ZO-2 exist as a heterodimer (Gumbiner et al, *Proc. Natl. Acad. Sci.*, *USA*, 88:3460-3464 (1991)) in a detergent-stable complex with an uncharacterized 130 kD protein (ZO-3). Most immunoelectron microscopic studies have localized ZO-1 to precisely beneath membrane contacts (Stevenson et al, *Molec. Cell Biochem.*, 83:129-145 (1988)). Two other proteins, cingulin (Citi et al, *Nature (London)*, 333:272-275 (1988)) and the 7H6 antigen (Zhong et al, *J. Cell Biol.*, 120:477-483 (1993)) are localized further from the membrane and have not yet
10 been cloned. Rab 13, a small GTP binding protein has also recently been localized to the junction region (Zahraoui et al, *J. Cell Biol.*, 124:101-115 (1994)). Other small GTP-binding proteins are known to regulate the cortical cytoskeleton, i.e., rho
15 regulates actin-membrane attachment in focal contacts (Ridley et al, *Cell*, 70:389-399 (1992)), and rac regulates growth factor-induced membrane ruffling (Ridley et al, *Cell*, 70:401-410 (1992)). Based on the analogy with the known functions of
20 plaque proteins in the better characterized cell junctions, focal contacts (Guan et al, *Nature*, 358:690-692 (1992)), and adherens junctions (Tsukita et al, *J. Cell Biol.*, 123:1049-1053
25
30

(1993)), it has been hypothesized that tj-associated plaque proteins are involved in transducing signals in both directions across the cell membrane, and in regulating links to the cortical actin cytoskeleton.

5 To meet the many diverse physiological and pathological challenges to which epithelia are subjected, the ZO must be capable of rapid and coordinated responses that require the presence of a complex regulatory system. The precise
10 characterization of the mechanisms involved in the assembly and regulation of the ZO is an area of current active investigation.

There is now a body of evidence that tj structural and functional linkages exist between the
15 actin cytoskeleton and the tj complex of absorptive cells (Gumbiner et al, *supra*; Madara et al, *supra*; and Drenchahn et al, *J. Cell Biol.*, 107:1037-1048 (1988)). The actin cytoskeleton is composed of a complicated meshwork of microfilaments whose precise
20 geometry is regulated by a large cadre of actin-binding proteins. An example of how the state of phosphorylation of an actin-binding protein might regulate cytoskeletal linking to the cell plasma membrane is the myristoylated alanine-rich C kinase
25 substrate (hereinafter "MARCKS"). MARCKS is a specific protein kinase C (hereinafter "PKC") substrate that is associated with the cytoplasmic face of the plasma membrane (Aderem, *Elsevier Sci. Pub. (UK)*, pages 438-443 (1992)). In its
30 non-phosphorylated form, MARCKS crosslinks to the membrane actin. Thus, it is likely that the actin meshwork associated with the membrane via MARCKS is relatively rigid (Hartwig et al, *Nature*, 356:618-622

(1992)). Activated PKC phosphorylates MARCKS, which is released from the membrane (Rosen et al, *J. Exp. Med.*, 172:1211-1215 (1990); and Thelen et al, *Nature*, 351:320-322 (1991)). The actin linked to MARCKS is likely to be spatially separated from the membrane and be more plastic. When MARCKS is dephosphorylated, it returns to the membrane where it once again crosslinks actin (Hartwig et al, *supra*; and Thelen et al, *supra*). These data suggest that the F-actin network may be rearranged by a PKC-dependent phosphorylation process that involves actin-binding proteins (MARCKS being one of them).

II. Zonula Occludens Toxin ("Zot") and Zonulin

Most *Vibrio cholerae* vaccine candidates constructed by deleting the *ctxA* gene encoding cholera toxin (CT) are able to elicit high antibody responses, but more than one-half of the vaccinee still develop mild diarrhea (Levine et al, *Infect. Immun.*, 56(1):161-167 (1988)). Given the magnitude of the diarrhea induced in the absence of CT, it was hypothesized that *V. cholerae* produce other enterotoxigenic factors, which are still present in strains deleted of the *ctxA* sequence (Levine et al, *supra*). As a result, a second toxin, zonula occludens toxin (hereinafter "Zot") elaborated by *V. cholerae*, and which contribute to the residual diarrhea, was discovered (Fasano et al, *Proc. Nat. Acad. Sci., USA*, 8:5242-5246 (1991)). The *zot* gene is located immediately adjacent to the *ctx* genes. The high percent concurrence of the *zot* gene with the *ctx* genes among *V. cholerae* strains (Johnson et al, *J. Clin. Microb.*, 31/3:732-733

(1993); and Karasawa et al, *FEBS Microbiology Letters*, 106:143-146 (1993)) suggests a possible synergistic role of Zot in the causation of acute dehydrating diarrhea typical of cholera. Recently,
5 the zot gene has also been identified in other enteric pathogens (Tschape, *2nd Asian-Pacific Symposium on Typhoid fever and other Salmonellosis*, 47(Abstr.) (1994)).

It has been previously found that, when tested
10 on rabbit ileal mucosa, Zot increases the intestinal permeability by modulating the structure of intercellular tight junctions (Fasano et al, *supra*). It has been found that as a consequence of modification of the pericellular pathway, the
15 intestinal mucosa becomes more permeable. It also was found that Zot does not affect Na⁺-glucose coupled active transport, is not cytotoxic, and fails to completely abolish the transepithelial resistance (Fasano et al, *supra*).

20 More recently, it has been found that Zot is capable of reversibly opening tight junctions in the intestinal mucosa, and thus Zot, when co-administered with a therapeutic agent, is able to effect intestinal delivery of the therapeutic agent,
25 when employed in an oral dosage composition for intestinal drug delivery (WO 96/37196, U.S. Patent 5,827,534 and U.S. Patent 5,665,389; each of which is incorporated by reference herein in their entirety). It has also been found that Zot is
30 capable of reversibly opening tight junctions in the nasal mucosa, and thus Zot, when co-administered with a therapeutic agent, is able to enhance nasal absorption of a therapeutic agent (WO 98/30211 and

U.S. Patent 5,908,825; which is incorporated by reference herein in its entirety).

In U.S. Patent 5,864,014 and U.S. Patent 5,912,323; which are incorporated by reference herein in their entirety, Zot receptors from CaCo2 cells, heart, intestinal and brain tissue has been identified and isolated. The Zot receptors represent the first step of the pericellular pathway involved in the regulation of epithelial intestinal and nasal permeability.

In U.S. Patent 5,945,510, which is incorporated by reference herein in its entirety, mammalian proteins that are immunologically and functionally related to Zot, and that function as the physiological modulator of mammalian tight junctions, have been identified and purified. These mammalian proteins, referred to as "zonulin", are useful for enhancing absorption of therapeutic agents across tight junctions of intestinal and nasal mucosa, as well as across tight junctions of the blood brain barrier. These proteins are further characterized by the ability to bind to the Zot receptors.

In pending U.S. Patent Application Serial No. 09/127,815 filed August 3, 1998, entitled "Peptide Antagonists of Zonulin and Methods for Use of the Same", which is incorporated by reference herein in its entirety, peptide antagonists of zonulin have been identified. Said peptide antagonists bind to Zot receptor, yet do not function to physiologically modulate the opening of mammalian tight junctions. The peptide antagonists competitively inhibit the binding of Zot and zonulin

to the Zot receptor, thereby inhibiting the ability of Zot and zonulin to physiologically modulate the opening of mammalian tight junctions.

5 III. Antigen Presenting Cells and Immune Responses

For a complete discussion of immune responses and immunomodulation, see Chapter 10 "Recent Advances in Immunology", by Sztein et al, *New Generation of Vaccines*, pages 99-125, Eds. Levine et al (1997), the disclosure of which is hereby incorporated by reference.

One of the primary mechanisms of protection against infectious agents involves specific or acquired immunity. In contrast to innate immunity, the effector mechanisms of acquired immunity that include, among others, antibodies, cytotoxic lymphocytes (hereinafter "CTL"), T lymphocyte-derived cytokines (such as IFN- γ , IL-4, etc.) are induced following exposure to antigens or infectious agents and increase in magnitude with successive exposures to the specific antigens. This ability to "recall" previous exposures to antigens and respond rapidly with immunological effector responses of increased magnitude (immunologic memory) constitutes the foundation for immunoprophylactic vaccination against infectious agents. The chief cell types involved in specific immune responses are T and B lymphocytes.

B lymphocytes or B cells are derived from the bone marrow and are the precursors of antibody secreting cells (plasma cells). B cells recognize antigens (proteins, carbohydrates or simple chemical groups) through immunoglobulin receptors on the cell

membrane (Fearon et al, *Science*, 272:50-53 (1996); Ziegler-Heitbroack et al, *Immunol. Today*, 14:121-152 (1993); and Banchereau et al, *Adv. Immunol.*, 52:125-262 (1992)). After triggering by antigen, they clonally expand and switch their expression of antibody isotype (e.g., IgM to IgG, IgE or IgA) under the influence of cytokines derived from T cells, macrophages and other cell types. Somatic-mutated, high affinity B cells are generated and selected by antigen in and around the germinal centers that are formed in lymph nodes, spleen, Peyer's patches and more disorganized lymphatic aggregates of the peripheral lymphoid system (Banchereau et al, (1996) *supra*; Clark et al, *Ann. Rev. Immunol.*, 9:97-127 (1991); and MacLennan et al, *Immunol. Today*, 14:29-34 (1993)). They are the basis for B cell memory.

T lymphocytes or T cells, in contrast to B cells, recognize peptides derived from protein antigens that are presented on the surface of antigen presenting cells (hereinafter "APC") in conjunction with Class I or Class II major histocompatibility complex (MHC) molecules. Clones of T lymphocytes expressing T cell receptors (hereinafter "TCR") of appropriate affinity are triggered by antigen to proliferate and develop into effector cells (Fearon, (1996) *supra*; Sprent et al *Cell*, 76:315-322 (1994); and Hendrick et al, Germain, *Fundamental Immunology*, 3rd ed., pages 629-676 (1993)). After elimination of the infectious agent, the antigen-specific clones remain as memory T cells that, upon subsequent exposures to antigen, provide a stronger, more rapid and

sometimes qualitatively different specific immune response.

There are two main populations of T cells, those expressing CD4 molecules and those expressing CD8 molecules. CD4 and CD8 molecules are T cell surface glycoproteins that serve as important accessory molecules (co-receptors) during antigen presentation by binding to Class II and Class I MHC molecules, respectively (Hendrick et al, *supra* (1993)). Thus, CD4 and CD8 molecules play a significant role in stabilizing the interactions of T cells and APC initiated by the specific binding of the TCR complex to antigenic peptides presented in association with MHC molecules. Consequently, CD4 and CD8 molecules, originally used primarily as markers to identify T cell populations with different functional characteristics, play a major role in Class II MHC-restricted and Class I MHC-restricted T cell activation. CD4+ cells (T helper or Th) are mainly involved in inflammatory responses and providing help for antibody production by B cells, while CD8+ cells (T cytotoxic or Tc) compose the majority of CTL primarily involved in Class I MHC-restricted killing of target cells infected by pathogenic organisms, including bacteria, viruses and parasites (Sztein et al, *J. Immunol.*, 155:3987-3993 (1995); Kaufman, *Ann. Rev. Immunol.*, 11:129-163 (1993) and *Immunol. Today*, 9:168-174 (1988); Townsend et al, *Cell*, 44:959-968 (1986); Malik et al, *Proc. Natl. Acad. Sci., USA*, 88:3300-3304 (1991); Sedegah et al, *J. Immunol.*, 149:966-971 (1992); and Shearer et al, *Immunol. Today*, 17:21-24 (1996)).

Successful antigen specific activation of T cells resulting in T cell expansion and differentiation (or lymphocyte proliferation) requires a first signal provided by the interaction of TCR on the surface of T cells with MHC-antigen complexes on APC and a second, complementary, signal provided by soluble factors, such as IL-2, or binding of CD28 (a co-stimulatory molecule) to members of the B7 family (e.g., CD80 (B7-1) or CD86 (B7-2)) on APC (Lenschow, *Ann. Rev. Immunol.*, 14:233-258(1996); and Linsley et al, *Ann. Rev. Immunol.*, 11:191-212(1993)). The study of the CD28/B7 co-stimulatory pathway and other adhesion molecules that help stabilize T cell-APC interactions (and which also appear to play critical roles in lymphocyte homing), is one of the key areas in which many significant advances have been made in recent years.

Presentation of antigens to T cells involves a series of intracellular events within the APC, including the generation of antigenic peptide fragments, binding of these peptides to MHC molecules to form stable peptide-MHC complexes and transport of these complexes to the cell surface where they can be recognized by TCR in the surface of T cells. Evidence has accumulated for the existence of two main pathways of antigen processing and presentation ("classical pathways"). One of these pathways, the "cytosolic pathway", is predominantly used for presentation of peptides produced endogenously in the APC, such as viral proteins, tumor antigens and self-peptides, associated with Class I MHC molecules

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(Hendrick et al, *supra*; and Germain, *supra* (1993)). The presentation of large numbers of self-peptides complexed to Class I MHC molecules results from the inability of APC to differentiate between self and non-self. Under normal conditions, most T cells selected to recognize self-peptides are eliminated during T cell differentiation or are actively down regulated, and consequently can not be activated by self-peptide-Class I MHC complexes. The second "classical pathway" of antigen processing and presentation, "endosomal pathway", which is predominantly used for presentation of soluble exogenous antigens bound to Class II MHC molecules, involves the capture of antigen by APC, either by binding to a specific receptor or by uptake in the fluid phase by macropinocytosis (Lanzavecchia, *Curr. Opin. Immunol.*, 8:348-354 (1996)). Triggering of T cells through the TCR has been shown with as few as 200-600 peptide/MHC complexes in the case of influenza nucleoproteins (Falk et al, *Semin. Immunol.*, 5:81-94 (1993)). In most immune responses, antigenic epitopes associated with Class I MHC molecules trigger the activation of CD8+ CTL responses, while antigenic fragments (epitopes) derived from soluble proteins complexed to Class II MHC molecules are recognized by CD4+ Th cells. These findings are among the most important contributions made over the past few years on the mechanisms involved in the early stages of immune activation and are critical for the development of successful vaccines.

As mentioned above, there are two "classical" pathways of antigen processing and presentation.

[illegible]

intracellular transport and degradation of the antigen. Cleaved peptide fragments then bind to Class II MHC molecules to form a complex that is transported through the Golgi apparatus, into the endosomal compartment, and to the cell surface to become recognized by TCR, again signaling the antigen-specific Th cell expansion and differentiation.

APC play a vital role in the generation of an immune response. For presentation of processed antigens to CTL in a Class I-restricted fashion, the APC must express Class I MHC molecules and have the ability to express on the cell surface endogenously produced proteins complexed to Class I MHC molecules. Almost all cells endogenously producing viral, parasitic, or bacterial proteins or tumor antigens that gain access to the cytosol can function as APC. For presentation of processed antigens to Th cells in a Class II restricted fashion, the APC must be able to recognize and bind the antigen through specific or nonspecific receptors for the particular antigen. Cells that most efficiently present antigens to Th lymphocytes, so called professional APC include dendritic cells (DC), macrophages, B lymphocytes, Langerhans cells, and, in certain instances, human endothelial cells (Lanzavecchia, *supra* (1996)).

DC that originate in the bone marrow are considered to be the most efficient APC for presentation of soluble antigens. DC capture antigens on the periphery and migrate to the spleen or lymph nodes, where they efficiently activate the Th cells, particularly naive T cells (Lanzavecchia,

supra (1996); and Peters et al, *Immunol. Today*,
17:273-278 (1996)). Several unique characteristics
enable DC to function so effectively as antigen
presenters. Specifically, they have the ability to
5 internalize soluble antigens by several mechanisms,
including constitutive macropinocytosis,
internalization of antigen-antibody complexes
through CD32 receptor binding, and internalization
of mannosylated or fucosylated antigens through
10 mannose receptor binding. This allows DC to sample
large amounts of fluid in short periods of time,
accumulating them in a lysosomal compartment
containing Class II MHC molecules and proteases.
DC also constitutively express a number of
15 costimulatory and other adhesion molecules that are
upregulated by proinflammatory cytokines such as
IL-1 α , IL-1 β , and TNF- α , thereby enhancing their
ability to function as APC for Class II MHC
restricted Th immune responses.

20 Macrophages and other mononuclear phagocytes
are probably the most effective APC for antigens
derived from most pathogenic microorganisms other
than viruses through their ability to phagocytose
large particles, such as bacteria and parasites.

25 Under typical conditions, phagocytized
microorganisms are then killed in the phagolysosomes
and digested, resulting in the generation of
antigenic fragments available for binding to
Class II MHC molecules for presentation to Th cells.

30 Other important mechanisms that allow macrophages to
serve as effective APC include their ability to
internalize soluble antigens through binding of
antigen-antibody complexes to CD16, CD32 and CD64

receptors. Macrophages, also internalize complement coated proteins through receptors for C3 and other C' components and upon stimulation by growth factors, by macropinocytosis. Moreover, macrophages
5 express receptors for mannose and are a major source of pro-inflammatory cytokines including IL-1 α , IL-1 β , IL-6, IL-8, IL-12, TNF- α , and TNF- β that exert potent immunoregulatory activities on T cell responses (Sztein et al, *supra* (1997)).

10 B lymphocytes are very effective APC for soluble antigens for presentation to Th cells. This is largely based on their ability to bind and internalize specific soluble antigens very efficiently through the B-cell receptor complex
15 (BCR), consisting of the specific membrane immunoglobulin (mIg) and the Ig α (CD79 α)-Ig β (CD79 β) heterodimer (Falk et al, *supra* (1993)).

Langerhans cells (LC), derived from bone marrow progenitors, are considered to be the only cells
20 present in the epidermis with APC capabilities. LC migrate out of the epidermis via the lymphatics to the regional lymph nodes where they develop into DC. Interestingly, LC express CD1, a nonclassical MHC molecule capable of presenting to T cells, in a
25 restricted fashion, nonprotein antigens such as microbial lipid and glycolipid antigens.

The invention herein focuses on the antigen specific down-regulation of APC-mediated immune responses. The invention stems from the discovery
30 of a macrophage surface receptor to which Zot binds in a specific and saturable way. The present invention describes a method for using Zot or zonulin as antigen-specific immunoregulators and in

immunotherapeutics. Specifically, both Zot and zonulin inhibit APC-mediated antigen-specific lymphocyte proliferation in a dose dependent manner without affecting mitogen induced responses. This
5 down-regulation of the immune response is at least in part associated with the decreased uptake of antigen.

Currently available modulators of immune responses, such as cyclosporin and steroidal
10 compounds, have a generalized effect on antigen and mitogen stimulations of the immune system (Reed et al, *J. Immunol.*, 137:150-154 (1986)). The invention disclosed herein offers the advantage of enabling the down-regulation of immune responses to
15 a particular antigen without inducing negative side effects, such as increased susceptibility to infection and generalized immune suppression, typical of the immunomodulators of the prior art.

20 SUMMARY OF THE INVENTION

It is a object of the invention to provide a method for down-regulating an animal host's immune response to certain antigens, thereby facilitating immune based therapies. Specifically, it is an
25 object of the invention to inhibit the ability of antigen presenting cells (APC) to process and present antigens to lymphocytes, thereby suppressing the lymphocyte proliferation and subsequent immune system reactions in response to defined antigens.

30 It is a further object of the invention to provide a treatment for an animal afflicted with an autoimmune or immune related disease or disorder such as multiple sclerosis, rheumatoid arthritis,

insulin dependent diabetes mellitus, celiac disease, Sjogren's syndrome, systemic lupus erythematosus, auto-immune thyroiditis, idiopathic thrombocytopenic purpura, hemolytic anemia, Grave's disease, Addison's disease, autoimmune orchitis, pernicious anemia, vasculitis, autoimmune coagulopathies, myasthenia gravis, polyneuritis, pemphigus, rheumatic carditis, polymyositis, dermatomyositis, and scleroderma by administering an effective amount of a Zot-related immunoregulator. In an alternative embodiment, the treatment of the animal afflicted with an autoimmune or immune related disease or disorder may involve the administration of an effective amount of a Zot-related immunoregulator in combination with a specific auto-immune related antigen(s).

It is a further object of the invention to provide a treatment of an animal afflicted with immune rejection subsequent to tissue or organ transplantation by administering an effective amount of a Zot-related immunoregulator. In an alternative embodiment, the treatment of the animal afflicted with immune rejection subsequent to tissue or organ transplantation may involve the administration of an effective amount of a Zot-related immunoregulator in combination with a specific transplantation antigen(s).

It is a further object of the invention to provide a treatment for an animal afflicted with an inflammatory or allergic disease or disorder such as asthma, psoriasis, eczematous dermatitis, Kaposi's sarcoma, multiple sclerosis, inflammatory bowel disease, proliferative disorders of smooth muscle

cells, and inflammatory conditions associated with mycotic, viral, parasitic, or bacterial infections by administering a therapeutically effective amount of a Zot-related immunoregulator. In an alternative
5 embodiment, the treatment of the animal afflicted with an inflammatory or allergic disease or disorder may involve the administration of an effective amount of a Zot-related immunoregulator in combination with a specific inflammatory related
10 antigen(s) or allergen(s).

BRIEF DESCRIPTION OF THE DRAWINGS

Figure 1 illustrates Zot-FITC saturation binding curves for lymphocytes and macrophages. The
15 data demonstrate that Zot binds preferentially to human monocytes/macrophages.

Figure 2 illustrates blocking of Zot-FITC binding by unlabeled Zot. Preincubation of PBMC with unlabeled Zot decreased the binding of Zot-FITC
20 to both, monocyte/macrophages and T lymphocytes by about 33%, suggesting that Zot binding to these cells is receptor-mediated. Preincubation of cells with purified MBP had no effect in blocking Zot-FITC binding, indicating that blocking with unlabeled Zot
25 is a specific phenomenon.

Figure 3 illustrates the effects of Zot on proliferation of human PBMC induced by PHA and tetanus toxoid. The data demonstrate that Zot markedly suppresses tetanus toxoid-induced
30 proliferation in a dose dependent manner while having no effect on PHA induced proliferation

Figure 4 illustrates the effects of anti-Zot antiserum on Zot-induced suppression of

proliferation of human PBMC induced by tetanus toxoid. Addition of anti-Zot reverses the Zot-mediated suppression of tetanus toxin-induced proliferation by greater than 50%.

5 Figures 5A-5D illustrates the effect of Zot on FITC-dextran uptake by normal human CD14+HLA-DR+ macrophages. Figure 5A depicts FITC-dextran uptake in media at 0°C (2.9%) and represents the temperature dependence of antigen uptake. Figure 5B depicts
10 FITC-dextran uptake in media at 37°C (46.0%) and represents a control for antigen uptake. Figure 5C depicts FITC-dextran uptake in BSA at 37°C (39.0%) and represents a negative control of antigen uptake. Figure 5D depicts FITC-dextran uptake in Zot at 37°C
15 (19.3%). The data show that Zot decreases the uptake of antigen.

Figure 6 illustrates the number of FITC-Zot binding sites/cell in human macrophages and lymphocytes. PBMC were incubated with increasing
20 concentrations of Zot-FITC and analyzed by flow cytometry. The mean fluorescence intensity of each population following incubation with Zot-FITC were converted to number of Zot binding sites/cell using a standard curve constructed using the Quantum 26
25 MESF kit. These data show that binding of Zot is a saturable phenomenon, with saturation reached at approximately 0.5 pM and that the average number of Zot binding sites/cell is approximately 10-fold higher in macrophages (~106,000) than in lymphocytes
30 (~9,000).

Figures 7A-7C illustrate the kinetics of Zot binding to human macrophages and lymphocytes. Determination of the kinetics of binding of Zot to

human cells was carried out by flow cytometry using
Zot-FITC conjugates. PBMC labeled with anti-CD3-ECD
and anti CD-14-PE mAb were maintained at 37°C for the
duration of the experiment (12 min) while data was
5 collected using a viable sample handler (kinetics
module) attached to the flow cytometer. Baseline
FITC fluorescence levels were collected for
90-150 seconds (indicated by the arrows) and data
acquisition was paused for ~10-15 sec to inject
10 Zot-FITC (Figures 7A and 7B). Figure 7C shows the
kinetics of binding of anti-CD14-FITC to unlabeled
human monocyte/macrophages. Data are presented as
isometric displays of Zot-FITC intensity (y axis)
versus time (x axis) versus cell number (z axis) for
15 cells gated on CD3 (lymphocytes) or CD14
(macrophages). The results indicate that Zot
binding to human macrophages (Figure 7A) and
lymphocytes (Figure 7B) occurs very rapidly,
reaching equilibrium within 2 min following addition
20 of Zot-FITC.

Figure 8 illustrates the binding of FITC-Zot to
human T and B lymphocytes. PBMC were incubated with
Zot-FITC and mAb to molecules present in T (CD3⁺) and
B (CD19⁺) lymphocytes and analyzed by flow cytometry.
25 An isotopic FITC-labeled control mAb (mIg)
corresponding to cells gated on the forward vs. side
scatter lymphocyte region is also shown as an
indicator of non-specific binding. The results
indicate that Zot binds to both T and B lymphocytes.

30 Figure 9 illustrates the inability of Zot
antagonists to block Zot-FITC binding. PBMC stained
with CD14-PE and CD3-ECD were washed and incubated
for 15 min at 4°C in AIM-V medium alone or with the

addition of 100-fold excess of FZI/0 (SEQ ID NO:7),
FZI/1 (SEQ ID NO:8), BSA (negative control) or
4-fold excess of unlabeled Zot (positive control).
Cells were then incubated with Zot-FITC and analyzed
5 by flow cytometry. The results are expressed as %
suppression of the mean fluorescence intensity of
cells incubated with Zot-FITC in the presence of Zot
antagonists, unlabeled Zot or BSA as related to the
mean fluorescence intensity of cells incubated in
10 media alone (arbitrarily assigned a value of 100%).
The results show that the addition of either FZI/0
or FZI/1 Zot antagonists did not significantly block
binding of Zot-FITC to CD14⁺ gated macrophages. In
contrast, pre-incubation with unlabeled Zot blocked
15 binding of Zot-FITC by 24-43%.

Figures 10A-10B illustrate Zot suppression of
CD14 expression on human monocytes/macrophages.
PBMC were incubated for 18 hr in the absence or
presence of TT without or with purified Zot or BSA,
20 stained with CD14-FITC and analyzed by flow
cytometry. The results are shown as single color
histograms of CD14 fluorescence on cells gated on
the "monocyte region", defined based on the forward
scatter vs. side scatter characteristics of human
macrophages. The addition of Zot caused a marked
25 suppression of the expression of CD14 in the absence
of TT (Figure 10A) or presence of TT (Figure 10B).

Figure 11 illustrates the effects of Zot on
human monocytes/macrophages and lymphocyte
30 viability. PBMC were incubated for various time
periods in the absence or presence of purified Zot
or BSA. Cell viability was assessed using the
propidium iodide exclusion test and flow cytometry.

The results are shown as the % viable cells gated on the "monocyte region" or "lymphocyte region", defined based on the forward scatter vs. side scatter characteristics of these cell populations.

- 5 The results show that the addition of Zot affect macrophage viability at relatively early times, while the effects on lymphocytes did not become apparent until at least 4 days in culture.

Figures 12A-12C illustrates Zot-mediated
10 induction of cytokine production by human monocytes/macrophages. PBMC were incubated for 6 hr to 4 days in the absence or presence of purified Zot or BSA. Supernatants were collected at the indicated times and cytokine levels measured by
15 chemiluminescence ELISA. Addition of Zot resulted in the production of high levels of TNF- α (Figure 12A) and IL-10 (Figure 12C) as early as 6 hr, reaching peak levels at 24 hr. A weak induction of IL-1 β production was also observed
20 (Figure 12B).

Figures 13A-13B illustrate Zot-mediated induction of cytokine production by human lymphocytes. PBMC were incubated for 3 days without or with TT in the absence or presence of purified
25 Zot or BSA and cytokine levels in the supernatants measured by chemiluminescence ELISA. Addition of Zot resulted in the suppression of IL-2 production induced by incubation with TT, while no measurable levels of IL-2 were induced by Zot in the absence of
30 TT (Figure 13A). In contrast, addition of Zot consistently induced the production of IFN- γ in the absence of TT, similar to the levels induced by TT,

and markedly increased the levels of IFN- γ induced by TT (Figure 13B).

DETAILED DESCRIPTION OF THE INVENTION

5 Previous studies have focused on the ability of Zot and zonulin to physiologically modulate the opening of mammalian tight junctions (or zonula occludens) of the epithelia of various tissues, such modulation particularly useful to facilitate drug
10 delivery across these membranes. In the course of this study, receptors to Zot and zonulin were identified and isolated from CaCo2 cells, heart, intestinal and brain tissue. Further to the discovery of Zot receptors, peptide antagonists of
15 zonulin were identified, said peptide antagonists binding to Zot receptor, yet not functioning to physiologically modulate the opening of mammalian tight junctions (i.e., lacking the biologic activity). The peptide antagonists competitively
20 inhibit the binding of Zot and zonulin to the Zot receptor, thereby inhibiting the ability of Zot and zonulin to regulate the tight junctions.

 In light of the known effect of Zot and zonulin on the paracellular pathway, it was indeed
25 surprising to find a receptor for Zot on fully differentiated macrophages isolated from blood. It was initially unclear why circulating cells such as macrophages would have a receptor for a molecule associated with tissue cell modulation. In pursuing
30 the answer to this question, it was discovered that Zot and zonulin also have the ability to physiologically regulate the activity of macrophages. Though not wishing to be bound by

theory, it appears that Zot is blocking the receptor on the macrophage, binding to the macrophage surface receptor in a specific and saturable way. By binding to macrophages, Zot alters the macrophages ability to process and present an antigen to lymphocytes, ultimately suppressing the proliferation of lymphocytes in response to the antigen in a dose dependent and antigen-specific manner. In other words, Zot allows the antigen-specific down-regulation of an immune response. The results described in detail below further suggest that this down-regulation of the immune response is at least in part associated with the decreased uptake of antigen. It appears that Zot is a multi-functional protein, controlling the immune response by a dual mechanism of regulating the uptake and the trafficking of antigens.

Zonula occludens toxin or "Zot" is produced by *V. cholerae*. The particular strain of *V. cholerae* from which Zot is derived is not critical to the present invention. Examples of such *V. cholerae* strains include strain 569B, 395 and E7946 (Levine et al, *supra*; Johnson et al, *supra*; and Karasawa et al, *supra*).

As used herein, "Zot" refers to the mature protein of 399 amino acids, as well as mutants thereof which retain the ability to regulate *tj*. For example, an N-terminal deletion of amino acids 1-8 can be made without effecting Zot activity, and N-terminal fusion proteins of Zot can be made without effecting Zot activity. Such mutants can be readily prepared by site-directed

mutagenesis, and screened for Zot activity as described herein.

Zot can be obtained and purified, e.g., by genetically-engineered *E. coli* strains over-expressing the zot gene (Baudry et al, *Infect. Immun.*, 60:428-434 (1992)), alone or fused to other genes, such as maltose binding protein (see Example 1 below), glutathione-S-transferase (see Example 2 below), or 6 poly-histidine (see Example 2 below).

As used herein, the term "zonulin" refers to a substantially pure biologically active protein having an apparent molecular weight of about 47 kDa, as determined by SDS-polyacrylamide gel electrophoresis, and the following N-terminal amino acid sequence: Asn Asp Gln Pro Pro Pro Ala Gly Val Thr Ala Tyr Asp Tyr Leu Val Ile Gln (SEQ ID NO:1), or the following N-terminal amino acid sequence: Glu Val Gln Leu Val Glu Ser Gly Gly Xaa Leu Val Gln Pro Gly Gly Ser Leu Arg Leu (SEQ ID NO:2) as well as mutants thereof which retain the ability bind to the receptor for Zot and to regulate *tj*.

Zonulin is produced by, or found in, various mammalian cells and tissues, e.g., rabbit or human cells/tissue. The particular mammalian cell/tissue type from which zonulin is derived is not critical to the present invention. Examples of such mammalian tissue types include heart, lung, intestine, liver, brain, kidney, and pancreas.

Zonulin can be obtained and purified, e.g., by affinity-purification chromatography using anti-ZOT antibodies, as described in Example 3 of U.S. Patent 5,945,510, incorporated by reference herein.

As used herein, the terms "Zot-related immunoregulator" or "Zot-related immunoregulating molecule" refers to Zot or zonulin, as defined above. Furthermore, as used herein, the term

5 "inhibition" (and "inhibit" and "inhibiting") refers to the down regulation of any aspect of APC activity that results in a substantial reduction of lymphocyte proliferation. Example activities include antigen uptake, antigen processing, and

10 antigen presentation. The term "inhibition" as used herein does not necessarily imply complete suppression of function or result. Rather, partial inhibition is contemplated by the term.

To provide a treatment for an animal host

15 afflicted with an autoimmune or immune related disease or disorder such as multiple sclerosis, rheumatoid arthritis, insulin dependent diabetes mellitus, celiac disease, Sjogren's syndrome, systemic lupus erythematosus, auto-immune

20 thyroiditis, idiopathic thrombocytopenic purpura, hemolytic anemia, Grave's disease, Addison disease, autoimmune orchitis, pernicious anemia, vasculitis, autoimmune coagulopathies, myasthenia gravis, polyneuritis, pemphigus, rheumatic carditis,

25 polymyositis, dermatomyositis, and scleroderma, a Zot-related immunoregulator is administered alone or in combination with a specific auto-immune related antigen. Examples of specific auto-immune antigens associated with auto-immune diseases or disorders

30 are gliadin (antigen associated with celiac disease) and myelin basic protein (associated with multiple sclerosis).

To provide a treatment for an animal host afflicted with immune rejection subsequent to tissue or organ transplantation, a Zot-related immunoregulator is administered alone or in combination with a specific transplantation antigen. Transplantation antigens may be obtained by assaying for the HLA of the transplant tissue or organ.

To provide a treatment for an animal host afflicted with an inflammatory or allergic disease or disorder such as asthma, psoriasis, eczematous dermatitis, Kaposi's sarcoma, multiple sclerosis, inflammatory bowel disease, proliferative disorders of smooth muscle cells, and inflammatory conditions associated with mycotic, viral, parasitic, or bacterial infections, a Zot-related immunoregulator is administered alone or in combination with a specific inflammatory related antigen or allergen. Examples of specific inflammatory related antigens associated with inflammatory or allergic diseases or disorders are pollens and dust (associated with asthma), proteins found in cow's milk or fragments thereof (associated with eczematous dermatitis), myelin base protein (associated with multiple sclerosis) and vaccine antigens to the particular virus, parasite or bacteria associated with the inflammatory condition.

The present invention allows for the antigen-specific down-regulation of the immune response. As discussed above, one embodiment of the present invention involves the administration of an effective amount of a Zot-related immunoregulator (Zot or zonulin) alone or in combination with a specific antigen, the lymphocyte response to said

antigen being specifically suppressed in a dose-dependent manner. It is clear from the results the details of which are presented herein that the present invention is limited to those antigens
5 processed and presented by antigen presenting cells (APC) those requiring macrophage mediation. The invention relates to all APCs including macrophages and other mononuclear phagocytes, dendritic cells, B lymphocytes, Langerhans cells and human
10 endothelial cells. In a preferred embodiment, the APC is a macrophage.

The present invention may be utilized both in vivo or in vitro environments. The only criticality is the administration to animal cells,
15 said cells either in a living host or in a cell culture. Animal cells are defined as nucleated, non-chloroplast containing cells derived from or present in multicellular organisms whose taxonomic position lies within the kingdom animalia, a primary
20 cell culture, explant culture or a transformed cell line.

The recipient or host animals employed in the present invention are not critical thereto and include cells present in or derived from all
25 organisms within the kingdom animalia. In a preferred embodiment, the animal is within the family of mammals. Preferred animal and animal cells are mammal cells, such as humans, bovine, ovine, porcine, feline, buffalo, canine, goat,
30 equine, donkey, deer and primates. The most preferred animal or animal cells are human or human cells.

The particular mode and method of administration is not critical to the invention. The only criticality is that both the Zot-related immunoregulating molecule and the antigen reach the macrophage intact. In the context of the present invention, the Zot-related immunoregulating molecule may be co-administered with the antigen. Alternatively, the two may be administered sequentially. For simplicity sake, discussion of mode of administration and pharmaceutical preparation below are directed to administration and preparation of the antigen. However, it is clear that the same modes apply to the administration of the Zot-related immunoregulating molecule. Furthermore, though the discussion is limited to administering a single antigen, it is clear that more than one antigen can be administered, the immune response to more than one antigen being subsequently down-regulated simultaneously.

Successful administration requires the delivery to an APC rich environment. Preferred administration routes include those that target sites of the immune system, such as the mucosa or the lymph tissues. Thus, intranasal, intraocular, intrainestinal, and intravaginal are preferred administration routes. This does not preclude that parenteral administration, such as intradermal, intramuscular, subcutaneous and intravenous, might also be effective routes of administration of Zot or zonulin, alone or in combination with the preferred antigen(s).

Depending on the particular administration route, the dosage form may be solid, semisolid, or

liquid preparation. The dosage form may include those additives, lubricants, stabilizers, buffers, coatings, and excipients as is standard in the art of pharmaceutical formulations.

5 Regarding the mode of administration, the antigen can be administered as oral dosage compositions for small intestinal delivery. Such oral dosage compositions for small intestinal delivery are well-known in the art, and generally
10 comprise gastroresistent tablets or capsules (*Remington's Pharmaceutical Sciences*, 16th Ed., Eds. Osol, Mack Publishing Co., Chapter 89 (1980); Digenis et al, *J. Pharm. Sci.*, 83:915-921 (1994); Vantini et al, *Clinica Terapeutica*, 145:445-451
15 (1993); Yoshitomi et al, *Chem. Pharm. Bull.*, 40:1902-1905 (1992); Thoma et al, *Pharmazie*, 46:331-336 (1991); Morishita et al, *Drug Design and Delivery*, 7:309-319 (1991); and Lin et al, *Pharmaceutical Res.*, 8:919-924 (1991)); each of
20 which is incorporated by reference herein in its entirety).

Tablets are made gastroresistent by the addition of, e.g., either cellulose acetate phthalate or cellulose acetate terephthalate.

25 Capsules are solid dosage forms in which the antigen is enclosed in either a hard or soft, soluble container or shell of gelatin. The gelatin used in the manufacture of capsules is obtained from collagenous material by hydrolysis. There are two
30 types of gelatin. Type A, derived from pork skins by acid processing, and Type B, obtained from bones and animal skins by alkaline processing. The use of hard gelatin capsules permit a choice in prescribing

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a single antigen or a combination thereof at the exact dosage level considered best for the individual subject. The hard gelatin capsule consists of two sections, one slipping over the other, thus completely surrounding the antigen alone or in combination with the immunoregulating molecule. These capsules are filled by introducing the antigen, or gastroresistent beads containing the antigen, into the longer end of the capsule, and then slipping on the cap. Hard gelatin capsules are made largely from gelatin, FD&C colorants, and sometimes an opacifying agent, such as titanium dioxide. The USP permits the gelatin for this purpose to contain 0.15% (w/v) sulfur dioxide to prevent decomposition during manufacture.

In the context of the present invention, oral dosage compositions for small intestinal delivery also include liquid compositions which contain aqueous buffering agents that prevent the antigen from being significantly inactivated by gastric fluids in the stomach, thereby allowing the antigen to reach the small intestines in an active form. Examples of such aqueous buffering agents which can be employed in the present invention include bicarbonate buffer (pH 5.5 to 8.7, preferably about pH 7.4).

When the oral dosage composition is a liquid composition, it is preferable that the composition be prepared just prior to administration so as to minimize stability problems. In this case, the liquid composition can be prepared by dissolving lyophilized peptide antagonist in the aqueous buffering agent.

Likewise, other dosage delivery vehicles are contemplated by the present invention including but not limited to liposomes, cochleates, water soluble polymers and microspheres. The dosage composition
5 may further include adjuvants such as monophosphoryl lipid A, QS-21, ISCOMs, and cytokines.

The antigen can also be administered as intravenous dosage compositions for delivery to the systemic elements of the immune system. Such
10 compositions are well-known in the art, and compositions generally comprise a physiological diluent, e.g., distilled water, or 0.9% (w/v) NaCl. Likewise, the administration may be parenteral, intradermal, intramuscular, or subcutaneous and
15 mentioned above. Dosage forms for such administration would clearly include pharmaceutically acceptable form, including physiologic buffers, diluents or the like.

As used herein, an effective amount of a
20 Zot-related immunoregulator, such as Zot or zonulin, refers to an amount effective to down-regulate the activity of said antigen presenting cell, thereby being effective to down-regulate the antigen presenting cell-mediated lymphocyte proliferation.
25 The specific amount of antigen and Zot-related immunoregulator molecule employed is not critical to the present invention and will vary depending upon the disease or condition being treated, as well as the age, weight and sex of the subject being
30 treated. Generally, to achieve such a final concentration in, e.g., the intestines or blood, the amount of Zot-related immunoregulator molecule in a single oral dosage composition of the present

invention will generally be about 0.1 μg to about 100 μg , preferably about 2.0 μg to about 60 μg , more preferably about 20 μg to about 50 μg . Likewise, the amount of antigen in a single oral dosage composition of the present invention will generally be in the range of about 0.01 μg to about 1000 μg , more preferably about 0.1 μg to about 100 μg . Obviously, the exact dosage of antigen will vary with the disease or disorder being treated, the preferred ranges being readily determinable through routine experimentation and optimization proceedings.

The following examples are provided for illustrative purposes only, and are in no way intended to limit the scope of the present invention.

EXAMPLE 1

Binding of FITC-labeled Zot to Lymphocytes and Macrophages

A. Materials and Methods

Isolation of Human Peripheral Blood Mononuclear Cells (PBMC) from Healthy Volunteers

PBMC were isolated by density gradient centrifugation over lymphocyte separation media (LSM, Organon-Teknika, Durham, NC) from healthy volunteers. Donors were adults and gave informed consent for the blood drawing. PBMC used were fresh or were aliquoted and frozen in RPMI containing 10% (v/v) FCS and 10% (v/v) DMSO using a controlled linear rate freezer apparatus (1°C per min, Planner Biomed, Salisbury, England) to preserve cell viability and maximize cell recovery. Cells

were stored in liquid nitrogen until used. In some experiments, cells were used immediately after isolation.

5 Preparation of Purified ZOT-MBP

5000 ml of the supernatant fraction obtained after culturing *V. cholerae* strain CVD110 (Michalski et al, *Infect. Immun.*, G1:4462-4468 (1993), which had been transformed with plasmid pZ14, was concentrated 1000-fold using a lamina flow filter with a MW cutoff of 10 kDa. The construction of pZ14, which contains the *Vibrio cholera zot* gene, is described in detail in, inter alia, WO 96/37196. The resulting supernatant was then subjected to 8.0% (w/v) SDS-PAGE. Protein bands were detected by Coomassie blue staining of the SDS-PAGE gel. No protein band corresponding to Zot was detectable when compared to control supernatant from strain CVD110 transformed with plasmid pTTQ181 (Amersham, Arlington Heights, IL), and treated in the same manner. Therefore, even though the *zot* gene was placed behind the highly inducible and strong *tac* promoter in pZ14, the level of the protein in 1000-fold concentrated pZ14 supernatant was still not detectable by the Coomassie stained SDS-PAGE gel.

Hence, to increase the amount of Zot produced, the *zot* gene was fused in frame with the maltose binding protein (hereinafter "MBP") gene to create a MBP-ZOT fusion protein.

The MBP vector pMAL-c2 (Biolab) was used to express and purify Zot by fusing the *zot* gene to the *malE* gene of *E. coli*. This construct uses the

strong, inducible *tac* promoter, and the *malE* translation initiation signals to give high level expression of the cloned *zot* gene. The vector pMAL-c2 has an exact deletion of the *malE* signal sequence, which leads to cytoplasmic expression of the fusion protein. Affinity chromatography purification for MBP was used to facilitate isolation of the fusion protein (Biolab).

More specifically, vector pMAL-c2 was linearized with *EcoRI* (that cuts at the 3' end of the *malE* gene), filled in with Klenow fragment, and digested with *XbaI* (that has a single site in pMAL-c2 polylinker). The *orf* encoding ZOT was subcloned from plasmid pBB241 (Baudry et al, *Infect. Immun.*, 60:428-434 (1992)). Plasmid pBB241 was digested with *BssHII*, filled in with Klenow fragment, and digested with *XbaI*. Then, the blunt-*XbaI* fragment was subcloned into pMAL-c2 to give plasmid pLC10-c. Since both the insert, and the vector had blunt and sticky ends, the correct orientation was obtained with the 3' end of *malE* fused with the 5' terminus of the insert. pLC10-c was then electroporated into *E. coli* strain DH5a. In pBB241, the *BssHII* restriction site is within the *zot* *orf*. Thus, amino acids 1-8 of ZOT are missing in the MBP-ZOT fusion protein.

In order to purify the MBP-Zot fusion protein, 10 ml of Luria Bertani broth containing 0.2% (w/v) glucose and 100 µg/ml ampicillin were inoculated with a single colony containing pLC10-c, and incubated overnight at 37°C with shaking. The culture was diluted 1:100 in 1.0 ml of the same fresh medium, and grown at 37°C while shaking, to

about 1.0×10^8 cells/ml. 0.2 mM IPTG was then added to induce the MBP-Zot expression, and the culture was incubated at 37°C for additional 3 hr. The bacteria were then pelleted and resuspended in 20 ml of ice cold "column buffer" comprising 20 mM Tris-HCl, 0.2 M NaCl, 1.0 mM EDTA, 10 mM 2-ME, 1.0 mM NaN₃. The bacterial suspension was lysed by french press treatment and spun for 30 min at 13,000 x g at 4°C. The supernatant was collected, diluted 1:5 with column buffer and loaded into a 1 X 10 column of amylose resin (Biolabs, MBP-fusion purification system), pre-equilibrated with column buffer. After washing the column with 5 volumes of column buffer, the MBP-ZOT fusion protein was eluted by loading 10 ml of 10 mM maltose in column buffer. The typical yield from 1.0 ml of culture was 2-3 mg of protein.

The MBP fusion partner of the purified MBP-Zot fusion protein was then cleaved off using 1.0 µg of Factor Xa protease (Biolabs) per 20 µg of MBP-Zot. Factor Xa protease cleaves just before the amino terminus of Zot. The Zot protein so obtained was run on a 8.0% (w/v) SDS-PAGE gel, and electroeluted from the gel using an electroseparation chamber (Schleicher & Schuell, Keene, NH).

When tested in Ussing chambers, the resulting purified Zot induced a dose-dependent decrease of Rt, with an ED₅₀ of 7.5×10^{-8} M.

30 Conjugation of ZOT-MBP to fluorescein isothiocyanate (ZOT-FITC)

Conjugation of Zot-MBP to FITC was performed following standard techniques. Briefly, Zot-MBP was

Abstract—The purpose of this study was to determine the effect of a 10-week training program on the heart rate (HR) and heart rate reserve (HRR) of sedentary, middle-aged men. The subjects were divided into two groups: a control group and a training group. The control group consisted of 10 men who did not participate in any physical activity during the study. The training group consisted of 10 men who participated in a 10-week training program. The training program consisted of three sessions per week, each lasting 30 minutes. The sessions were performed at a heart rate of 150 beats per minute. The HR and HRR were measured at rest and during exercise at the beginning and end of the study. The results showed that the training group had a significant increase in HR and HRR compared to the control group. The HR increased from 72 to 82 beats per minute, and the HRR increased from 28 to 38 beats per minute. The control group showed no significant change in HR and HRR. The results suggest that a 10-week training program can improve the cardiovascular fitness of sedentary, middle-aged men.

Abstract

[illegible]

In these experiments, fluorochrome-labeled mAbs of the same isotypes, but irrelevant specificity, were used as a controls. Platelets, erythrocytes (if any) and cell debris were excluded from analysis by setting an appropriate gate on the forward vs. 90% light scatter parameters. Data was collected for each sample for over 10,000 cells. Data analysis was performed using the Epics Elite analysis package (Coulter) or the WinList list-mode analysis package (Verity Software House, Topsham, ME).

B. Results

A representative experiment showing the flow cytometric analysis of Zot-FITC binding to human T lymphocytes (CD3⁺) and monocyte/macrophages (CD14⁺) is shown in Figure 1. The results show that binding of Zot-FITC, as evidenced by mean fluorescent intensity levels, is several fold higher in monocytes/macrophages than in T lymphocytes. Furthermore, addition of increasing amounts of Zot-FITC results in increased binding that start to level off after addition of 40-60 μ l of Zot-FITC. These results indicate that Zot binds preferentially to human monocyte/macrophages.

Next, the binding of Zot-FITC to human monocyte/macrophages and lymphocytes in the presence of unlabeled Zot was tested, to determine if the unlabeled Zot could block binding. As shown in Figure 2, preincubation of PBMC for 30 min at 37°C with 100 μ l of unlabeled Zot, followed by the addition of ZOT-FITC (10 μ l) for 30 min at 37°C, decreased by ~33% the binding of Zot-FITC to both,

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plasmid (Baudry et al, supra) DNA as a template. The forward and reverse primers used were: 5'-CGGGATCCCGTATGAGTATCTTT-3' (SEQ ID NO:3); and 5'-CCCAAGCTTGGGTCAAAATATACT-3' (SEQ ID NO:4),
5 respectively. The 5' tails of these oligonucleotides contain a *Bam*HI and a *Hind*III restriction site, respectively. The resulting amplicon (1.2 kb) was analyzed by 8.0% (w/v) agarose gel electrophoresis, and purified from salts and
10 free nucleotides using an Xtreme spin column (Pierce). The above-noted two restriction enzymes were then used to digest the purified amplicon, and the resulting digested-amplicon was then inserted in the vector pQE30 (Quiagen), which had been
15 previously digested with *Bam*HI and *Hind*III, so as to obtain plasmid pSU113. pQE30 is an expression vector that provides high level expression of a recombinant protein with a 6 poly-histidine tag (6xHis). The expression product of plasmid pSU113
20 is therefore a 6xHis-Zot fusion protein. pSU113 was then transformed into *E. coli* DH5a.

In order to purify the 6xHis-Zot fusion protein, the resulting transformed *E. coli* were grown overnight at 37°C in 150 ml of Luria Bertani
25 broth containing 2.0% (w/v) glucose, 25 µg/ml of kanamycin and 200 µg/ml of ampicillin until the A₆₀₀ was about 1.10. Next, 75 ml of the overnight cultures were added to 1000 ml of Luria Bertani broth containing 2.0% (w/v) glucose, 25 µg/ml of
30 kanamycin and 200 µg/ml of ampicillin, incubated for about 3 hr at 37°C, with vigorous shaking, until the A₆₀₀ was about 0.7-0.9. Then, IPTG was added to a final concentration of 2.0 mM, and growth was

allowed to continue for 5 hrs at 37°C. Next, the cells were harvested by centrifugation at 4000 x g for 20 min, the cells resuspend in 5.0 ml/g wet weight of buffer A comprising 6.0 M GuHCl, 0.1 M sodium phosphate, and 0.01 M Tris-HCl (pH 8.0), and stirred for 1 hr at room temperature. Then, the mixture was centrifuged at 10,000 x g for 30 min at 4°C, and to the resulting supernatant was added 4.0-5.0 ml/g wet weight of a 50% slurry of SUPERFLOW resin (QIAGEN), and stirring was carried out for 1 hr at room temperature. The resulting resin was loaded into a 1.6 x 8.0 column, which was then washed sequentially with buffer A, buffer B comprising 8.0 M urea, 0.1 M sodium phosphate, and 0.01 M Tris-HCl (pH 8.0) and buffer C comprising 8.0 M urea, 0.1 M sodium phosphate, and 0.01 M Tris-HCl (pH 6.3). Each wash was carried out until the A₆₀₀ of the flow-through was less than 0.01. The 6xHis-ZOT fusion protein was eluted from the column using 20 ml of buffer C containing 250 mM imidazole. Then, the fractions containing with the 6xHis-ZOT fusion protein were checked by SDS-PAGE using the procedure described by Davis, *Ann. N.Y. Acad. Sci.*, 121:404 (1964), and the gel stained with Comassie blue. The fractions containing 6xHis-ZOT fusion protein were dialyzed against 8.0 M urea, combined, and then diluted 100 times in PBS. Next, 4.0 ml of a 50% slurry of SUPERFLOW resin was added, stirring was carried out for 2 hrs at room temperature, and the resulting resin loaded into a 1.6 x 8.0 column, which was then washed with 50 ml of PBS. The 6xHis-Zot fusion protein was eluted from the column with 10 ml of PBS containing 250 mM imidazole. The

resulting eluant was dialyzed against PBS, and the 6xHis-ZOT fusion protein was checked by SDS-PAGE, as described above.

5 Preparation and Purification of Rabbit
 Anti-Zot Antiserum

To obtain specific antiserum, a chimeric glutathione S-transferase (GST)-Zot protein was
10 expressed and purified.

More specifically, oligonucleotide primers were used to amplify the zot orf by polymerase chain reaction (PCR) using plasmid pBB241 (Baudry et al, supra) as template DNA. The forward primer
15 (TCATCACGGC GCGCCAGG, SEQ ID NO:5) corresponded to nucleotides 15-32 of zot orf, and the reverse primer (GGAGGTCTAG AATCTGCCCCG AT, SEQ ID NO:6) corresponded to the 5' end of ctxA orf. Therefore, amino acids 1-5 of ZOT were missing in the resulting
20 fusion protein. The amplification product was inserted into the polylinker (SmaI site) located at the end of the GST gene in pGEX-2T (Pharmacia, Milwaukee, WI). pGEX-2T is a fusion-protein expression vector that expresses a cloned gene as a
25 fusion protein with GST of *Schistosoma japonicum*. The fusion gene is under the control of the tac promoter. Upon induction with IPTG, derepression occurs and GST fusion protein is expressed.

The resulting recombinant plasmid, named pLC11,
30 was electroporated in *E. coli* DH5 α . In order to purify GST-Zot fusion protein, 10 ml of Luria Bertani broth containing 100 μ g/ml ampicillin were inoculated with a single colony containing pLC11, and incubated overnight at 37°C with shaking. The

culture was diluted 1:100 in 1.0 ml of the same fresh medium and grown at 37°C while shaking, to about 1.0×10^8 cells/ml. 0.2 mM IPTG was then added to induce the GST-Zot expression, and the culture was incubated at 37°C for additional 3 hr. The bacteria were then pelleted, resuspended in 20 ml of ice cold PBS (pH 7.4), and lysed by the french press method. The GST- Zot fusion protein was not soluble under these conditions as it sedimented with the bacterial pellet fraction. Therefore, the pellet was resuspended in Laemli lysis buffer comprising 0.00625 M Tris-HCl (pH 6.8), 0.2 M 2-ME, 2.0% (w/v) SDS, 0.025% (w/v) bromophenol blue and 10% (v/v) glycerol, and subjected to electrophoresis on a 8.0% (w/v) PAGE-SDS gel, and stained with Coomassie brilliant blue. A band of about 70 kDa (26 kDa of GST + 44 kDa of Zot), corresponding to the fusion protein, was electroeluted from the gel using an electroseparation chamber (Schleicher & Schuell, Keene, NH).

10 μ g of the resulting eluted protein (10-20 μ g) was injected into a rabbit mixed with an equal volume of Freund's complete adjuvant. Two booster doses were administered with Freund's incomplete adjuvant four and eight weeks later. One month later the rabbit was bled.

To determine the production of specific antibodies, 10^{-10} M of Zot, along with the two fusion proteins MBP-Zot and GST-Zot, was transferred onto a nylon membrane and incubated with a 1:5000 dilution of the rabbit antiserum overnight at 4°C with moderate shaking. The filter was then washed 15 min 4 times with PBS containing 0.05% (v/v) Tween 20

(hereinafter "PBS-T"), and incubated with a 1:30,000 dilution of goat anti-rabbit IgG conjugated to horseradish peroxidase for 2 hr at room temperature. The filter was washed again for 15 min 4 times with
5 PBS containing 0.1% (v/v) Tween, and immunoreactive bands were detected using enhanced chemiluminescence (Amersham).

On immunoblot, the rabbit antiserum was found to recognize Zot, as well as MBP-Zot and GST-Zot
10 fusion proteins, but not the MBP negative control.

Moreover, to confirm the production of appropriate anti-Zot antibodies, neutralization experiments were conducted in Ussing chambers. When pre-incubated with pZ14 supernatant at 37°C for
15 60 min, the Zot-specific antiserum (1:100 dilution), was able to completely neutralize the decrease in Rt induced by Zot on rabbit ileum mounted in Ussing chambers.

Next, the anti-Zot antibodies were
20 affinity-purified using an MBP-Zot affinity column. More specifically, a MBP-Zot affinity column was prepared by immobilizing, overnight at room temperature, 1.0 mg of purified MBP-Zot, obtained as described in Example 1 above, to a pre-activated gel
25 (Aminolink, Pierce). The column was washed with PBS, and then loaded with 2.0 ml of anti-ZOT rabbit antiserum. After a 90 min incubation at room temperature, the column was washed with 14 ml of PBS, and the specific anti-Zot antibodies were
30 eluted from the column with 4.0 ml of a solution comprising 50 mM glycine (pH 2.5), 150 mM NaCl, and 0.1% (v/v) Triton X-100. The pH of the 1.0 ml

eluted fractions was immediately neutralized with 1.0 N NaOH.

5 Culture conditions and lymphoproliferation assays

PBMC (1.5×10^6 cells/ml) were cultured in 1.0 ml of complete medium, (cRPMI) comprising RPMI 1640 containing 10% (v/v) fetal calf serum and 10 50 µg/ml gentamicin. Cells were incubated at 37°C, 5% CO₂ in 96-well plates in the absence or presence of phytohemagglutinin (PHA, a nonspecific mitogen, used at 2.0 µg/ml) or tetanus toxoid (TT; a specific antigen, used at 2.0 µg/ml; Connaught, Swift Water, PA) without or with purified ZOT (used at 20 or 15 60 µg/ml) or bovine serum albumin (BSA; a control protein, used at 20 or 60 µg/ml; Fraction V, Sigma, St. Louis, MO). In some experiments, an anti-ZOT rabbit antiserum or normal rabbit serum was also 20 added to the cultures at initiation. Cells were cultured for 2 days (for PHA) or 6 days (for TT) and 1.0 µCi/ well of tritiated thymidine was added. Plates were harvested 20 hr later on a Wallac cell harvester (Gaithersburg, MD) and incorporated 25 thymidine measured on a Wallac Trilux Microbeta counter (Gaithersburg, MD).

B. Results

A representative experiment showing the effects 30 of purified Zot on proliferation of human PBMC induced by PHA and tetanus toxoid is shown in Figure 3. The results clearly indicate that incubation with Zot markedly suppressed tetanus

toxoid-induced proliferation (~85% at 60 µg/ml), while it had no effect on PHA-induced proliferation. Moreover, suppression of TT-induced proliferation by Zot appears to be dose-dependent. Significantly higher levels of suppression were observed when Zot was added at 60 µg/ml (~85%) than when 20 µg/ml Zot were used (~56% suppression). Addition of BSA, used as control protein has no effect on either TT or PHA-induced lymphocyte proliferation demonstrating the specificity of Zot biological activity.

To further examine the specificity of Zot-induced suppression of TT-induced proliferation, PBMC were incubated in the absence or presence of TT with ZOT alone, ZOT + anti-ZOT rabbit antiserum (used at a 1:10 dilution) or Zot + normal rabbit serum (used at a 1:10 dilution). As can be observed in Figure 4, addition of an anti-Zot rabbit antiserum reversed by greater than 50% Zot-mediated suppression of TT-induced proliferation. Addition of normal rabbit serum had no effect, confirming the specificity of Zot-mediated effects. Similarly, addition of BSA had no effect in this system.

EXAMPLE 3

Effects Of Zot On FITC-Dextran Uptake By Human Monocytes and Macrophages

A. Materials and Methods

Isolation of Human Peripheral Blood Mononuclear Cells (PBMC) from Healthy Volunteers

PBMC were isolated by density gradient centrifugation over lymphocyte separation media (LSM, Organon-Teknika, Durham, NC) from healthy volunteers. In accordance with the institutional

review board of University of Maryland, Baltimore, donors were adults and gave informed consent for the blood drawing. PBMC used were fresh or were aliquoted and frozen in RPMI containing 10% (v/v) FCS and 10% (v/v) DMSO using a controlled linear rate freezer apparatus (1°C per min, Planner Biomed, Salisbury, England) to preserve cell viability and maximize cell recovery. Cells were stored in liquid nitrogen until used.

10

Preparation of Purified 6xHis-Zot

The 6xHis-Zot fusion protein was prepared and purified by the process described above in Example 2 above.

15

Soluble Antigen Uptake

The ability to take up soluble antigen was measured using fluorescein isothiocyanate (FITC)-conjugated dextran (MW 50,700; Sigma). Freshly isolated PBMC (500,000 cells in 0.5 ml of cRPMI containing 10% (v/v) heat-inactivated FCS and 50 µg/ml of gentamicin) were incubated in the absence or presence of purified Zot (40 µg/ml) or BSA (40 µg/ml) for 3 hr at 37°C in a final volume of 0.5 ml/50 ml tube. This incubation was performed under agitation in siliconized tubes to prevent the adherence of monocytes/macrophages to the tube walls. Following this incubation, FITC-dextran (at a final concentration of 300 µg/ml), as well as anti-CD14 allophycocyanin (APC)-labeled and anti-HLA-DR Peridinin Chlorophyll Protein(PerCP)-labeled monoclonal antibodies were added to each culture without washing and cells

allowed to incubate for 30 min at 37°C or on ice. Since uptake of FITC-dextran, and soluble antigens in general, depends on pinocytosis, a temperature-dependent phenomenon, incubations at 0°C
5 are performed to establish the levels of nonspecific binding of FITC-dextran to the cells.

In these experiments CD14 and HLA-DR (a major histocompatibility complex Class II antigen whose level of expression increase with cell activation)
10 were used to identify monocyte/macrophages.

Cells were then washed once with ice cold PBS and run immediately on a Coulter Epics Elite flow cytometer/cell sorter system (Coulter Corp., Miami, FL). Analysis was performed using the WinList
15 software package (Verity Software House, Topham, ME). The percentages of cells that incorporated FITC-dextran were obtained by subtracting the percentage of cells that incorporated FITC-dextran at 0°C (ice) from the percentage of cells that
20 incorporated FITC-dextran at 37°C.

B. Results

A representative experiment showing the effects of Zot on FITC-dextran uptake by normal human CD14⁺
25 HLA-DR⁺ monocyte/macrophages is shown in Figures 5A-5D. The results show that Zot (Figure 5D) markedly suppressed (~51-58%) FITC-dextran uptake by human monocyte/macrophages as compared to that observed in cells incubated with
30 media alone or BSA. No significant differences were observed between the percentage of cells that incorporated FITC-dextran in media or in the presence of BSA. Moreover, as expected, incubation

at 0°C totally abrogated FITC-dextran uptake, confirming that this phenomenon is temperature-dependent.

It is well established that antigen uptake by APCs, such as monocyte/macrophages, is a critical event leading to lymphocyte activation and proliferation (Sztein et al, *supra* (1997)). The results showing that Zot interferes with FITC-dextran uptake demonstrate that the immunoregulatory effects of Zot on TT-induced proliferation are mediated, at least in part, by decreasing the ability of monocyte/macrophages to uptake antigen, leading to alterations in antigen processing and presentation. This is further supported by the fact that Zot does not affect PHA-induced proliferation, a phenomenon that does not require antigen processing and presentation.

EXAMPLE 4

Measurements of the Number of FITC-Zot Binding Sites/Cell in Human Monocytes/Macrophages and Lymphocytes

A. Material and Methods

Isolation of Human Peripheral Blood Mononuclear Cells (PBMC) from Healthy Volunteers

PBMC were isolated by density gradient centrifugation over lymphocyte separation media (LSM, Organon-Teknika, Durham, NC) from healthy volunteers. In accordance with the institutional review board of University of Maryland, Baltimore, donors were adults and gave informed consent for the blood drawing. PBMC were aliquoted and frozen in RPMI containing 10% (v/v) FCS and 10% (v/v) DMSO

using a controlled linear rate freezer apparatus (1°C per min, Planer Biomed, Salisbury, England) to preserve cell viability and maximize cell recovery. Cells were stored in liquid nitrogen until used. In
5 some experiments, cells were used immediately after isolation.

Preparation of Purified 6xHis-Zot

The preparation of 6xHis-Zot was as described
10 in Example 2 above.

Conjugation of Zot to Fluorescein Isothiocyanate (Zot-FITC)

15 Conjugation of Zot with FITC was performed following standard techniques. Briefly, Zot was dialyzed against 500 ml FITC labeling buffer comprising 0.05 M boric acid, 0.2 M NaCl, adjusted to pH 9.2 with concentrated NaOH, and stored at 4°C,
20 at 4°C overnight to remove free NH_4^+ ions and raise the pH to 9.2. 20 μl of 5.0 mg/ml FITC in DMSO for each milligram of Zot was then added, followed by an incubation for 2 hr at room temperature. Unbound FITC was then removed by dialysis in 500 ml dialysis
25 buffer comprising 0.1 M Tris-HCl (pH 7.4), 0.1% (w/v) NaN_3 , 0.2 M NaCl, adjusted to pH to 7.4 with concentrated NaOH, and stored at 4°C, at 4°C with two to three changes over 2 days. This preparation was stored at 4°C until used.

Binding of FITC-Zot to Human PBMC
and Flow Cytometric Analysis

PBMC isolated as described above were incubated with increasing concentrations of Zot-FITC for 30 min at 37°C in siliconized tubes (to preclude the binding of macrophages to the test tube walls) in the presence of monoclonal antibodies (mAb) to CD14 conjugated to phycoerythrin (PE) and to CD3 conjugated to ECD (energy coupled dye, a PE-Texas-Red conjugate). CD14 is used as a marker of human macrophages while CD3 is used as a marker for T lymphocytes. The use of these fluorochromes (e.g., FITC, PE and ECD) allowed us to study simultaneously the binding of Zot to macrophages and T lymphocytes in mixed PBMC populations by 3-color flow cytometry. Following staining, cells were washed twice with PBS (pH 7.2) containing 1.0% (w/v) BSA and 0.1% (w/v) NaAzide and analyzed immediately by flow cytometry using an Epics Elite flow cytometer/cell sorter system (Beckman-Coulter, Miami, FL). In these experiments, fluorochrome-labeled mAbs of the same isotypes, but irrelevant specificity, were used as a controls. Platelets, erythrocytes (if any) and cell debris were excluded from analysis by setting an appropriate gate on the forward vs. 90° light scatter parameters. For each sample we collected data for over 10,000 cells. Data analysis was performed using the Epics Elite analysis package (Coulter) or the WinList list-mode analysis package (Verity Software House, Topsham, ME). The amounts (in pM) of Zot-FITC added to each tube was derived

from the final concentrations added (in $\mu\text{g/ml}$) and the known MW of Zot (44,900).

Calculation of Zot Binding Sites/Cell

5 The mean fluorescence intensity of each population following incubation with Zot-FITC were converted to number of Zot binding sites/cell using a standard curve constructed using the Quantum 26 MESF kit (range 10,000 to 500,000 MESF) and the
10 QuickCal calibration software according to the manufacturers recommendations (Flow Cytometry Standards Corporation, San Juan, Puerto Rico). The fluorescent standards in the Quantum kit are calibrated in Molecules of Equivalent Soluble
15 Fluorochrome (MESF) units against solutions of purified fluorescent dyes. The number of binding sites per cell (macrophages or lymphocytes) was derived from MESF units of Zot-FITC incubated samples (with non-specific binding, i.e., MESF of
20 FITC-labeled mouse IgG controls, subtracted) adjusted for the fluorescein/protein ratio (F/P) of the various FITC-Zot batches used.

B. Results

25 A representative experiment showing the flow cytometric analysis of Zot-F ITC binding to human T lymphocytes (CD3^+) and macrophages (CD14^+) is shown in Figure 6. The results show that binding of Zot-FITC, as evidenced by increased number of Zot
30 binding sites/cell, is several fold higher in macrophages. than in CD3^+ T lymphocytes. Furthermore, these data show that binding of Zot is a saturable phenomenon, with saturation reached at

approximately 0.5 pM (~40 g/ml). Moreover, we observed that under saturation conditions, there are ~106,000 Zot-binding sites/cell and ~9,000 Zot-binding sites/cell in human macrophages and lymphocytes, respectively.

In order to explore the distribution of Zot binding sites in human macrophages and lymphocytes, the methodology described above was used to determine the number of Zot binding sites/cell in several volunteers. The results indicated that the average number of Zot binding sites/cell is, on average, approximately 10-fold higher in macrophages (mean=104,649; range=56,791-142,840) than in lymphocytes (mean=10,684; range=4,802-18,662).

EXAMPLE 5

Kinetics of Zot Binding to Human Monocytes/Macrophages and Lymphocytes

20 A. Material and Methods

Isolation of Human Peripheral Blood Mononuclear Cells (PBMC) from Healthy Volunteers

PBMC were isolated from healthy volunteers as described above in Example 4.

Preparation of Purified 6xHis-Zot

The preparation of 6xHis-Zot was as described in Example 2 above.

30

Conjugation of Zot to fluorescein isothiocyanate (Zot-FITC)

Conjugation of Zot with FITC was as performed in Example 4 above.

Kinetics of Binding Assays

Determination of the kinetics of binding of Zot to human cells was carried out by flow cytometry using Zot-FITC conjugates and flow cytometry.

5 Samples were run in real time using an EPIC ELITE flow cytometry/cell sorter system (Beckman-Coulter, Miami, FL). PBMC were stained with anti-CD3 mAb tagged with ECD (energy-coupled dye) and anti CD-14 mAb tagged with PE (phycoerythrin). Controls for

10 background fluorescence were prepared with an additional aliquot of each cell suspension substituting irrelevant mAb of the same isotypes, conjugated with the corresponding fluorescent dyes, for the experimental mAb. PBMC labeled with

15 anti-CD3 and anti-CD14 mAbs were then washed and maintained in an ice bath until analyzed (within 1 hr) to minimize antigen modulation. Before analysis, cells were allowed to equilibrate at 37°C for 15-20 min in a water bath and maintained at 37°C

20 using a viable sample handler (kinetics module, Cytex, Fremont, CA) attached to the flow cytometer for the duration of the experiment (12 min) while data was continuously collected. Baseline FITC fluorescence levels were collected for

25 90-150 seconds and data acquisition was paused for ~10-15 sec to inject Zot-FITC (to a final concentration of 40 µg/ml). Data collection was resumed immediately after the addition of Zot-FITC at a rate of ~300-600 cells/sec for a total of

30 12 min. FITC, PE and ECD-fluorochrome were excited using an air-cooled argon laser (488 nm emission). Results were calculated and displayed using the WinList and Isocontour analysis packages (Verity

EXAMPLE 6

Binding of FITC-Zot to Human B and T lymphocytesA. Material and Methods5 Isolation of Human Peripheral Blood Mononuclear
Cells (PBMC) from Healthy Volunteers

PBMC were isolated from healthy volunteers as described in Example 4 above.

10

Preparation of Purified 6xHis-Zot

The preparation of 6xHis-Zot was as described in Example 2 above.

15 Conjugation of Zot to fluorescein
isothiocyanate (Zot-FITC)

Conjugation of Zot with FITC was as performed in Example 4 above.

20

Binding of FITC-Zot to Human PBMC
and Flow Cytometric Analysis

PBMC isolated as described above were incubated
25 with 40 µg/ml of Zot-FITC for 30 min at 37°C in the
presence of mAb to CD14 conjugated to PE, CD3
conjugated to Tricolor (a PE-Cy5 conjugate) and
anti-CD19 conjugated to ECD (energy coupled dye, a
PE-Texas-Red conjugate). CD14 is a marker of
30 human macrophages, CD3 is a marker of T lymphocytes
and CD19 is a marker for B lymphocytes. The use of
these fluorochromes (e.g., FITC, PE, TC and ECD)
allowed us to study simultaneously the binding of
Zot to macrophages, T and B lymphocytes in mixed
35 PBMC populations by 4-color flow cytometry.
Following staining cells were washed twice with PBS

(pH 7.2) containing 1.0% (w/v) BSA and 0.1% (w/v) NaAzide and analyzed immediately by flow cytometry using an Epics Elite flow cytometer/cell sorter system (Beckman-Coulter, Miami, FL). In these experiments, fluorochrome-labeled mAbs of the same isotypes, but irrelevant specificity, were used as a controls. Platelets, erythrocytes (if any) and cell debris were excluded from analysis by setting an appropriate gate on the forward vs. 90% light scatter parameters. For each sample, data for over 10,000 cells was collected. Data analysis was performed using the Epics Elite analysis package (Coulter) or the WinList list-mode analysis package (Verity Software House, Topsham, ME). The results are shown as single color histograms of Zot-FITC fluorescence intensity in T (CD3⁺) and B (CD19⁺) lymphocyte-gated populations.

B. Results

An experiment showing the binding of Zot-F ITC to human T (CD3⁺) and B (CD19⁺) lymphocytes is shown in Figure 8. The results indicate that Zot binds similarly to both, T and B lymphocytes. In this experiment Zot-FITC binding to macrophages was 5-8 fold higher than binding to T or B lymphocytes.

EXAMPLE 7
Inability of Zot Antagonists to
Block Zot-FITC Binding

5 A. Material and Methods

Isolation of Human Peripheral Blood Mononuclear
Cells (PBMC) from Healthy Volunteers

PBMC were isolated from healthy volunteers as
10 described above in Example 4.

Preparation of Purified 6xHis-Zot

The preparation of 6xHis-Zot was as described
in Example 2 above.

15

Preparation of FZI/0 and FZI/1 Zot Antagonists

Peptide antagonists FZI/0 (Gly Gly Val Leu Val
Gln Pro Gly) (SEQ ID NO:7) and FZI/1 (Val Gly Val Leu
Gly Arg Pro Gly) (SEQ ID NO:8) were chemically
20 synthesized and purified using well-known techniques,
such as described in *High Performance Liquid
Chromatography of Peptides and Proteins: Separation
Analysis and Conformation*, Eds. Mant et al, C.R.C.
Press (1991), and a peptide synthesizer, such as
25 Symphony (Protein Technologies, Inc).

Conjugation of Zot to Fluorescein
isothiocyanate (Zot-FITC)

30 Conjugation of Zot with FITC was as performed
in Example 6 above.

Culture Conditions for Blocking of
FITC-Zot Binding to Human PBMC and
Flow Cytometric Analysis

5 PBMC isolated as described above were stained with mAbs to CD14 conjugated to PE and to CD3 conjugated to ECD (energy coupled dye, a PE-Texas-Red conjugate). Cells were then washed and incubated for 15 min at 4°C in 400 µl of AIM-V medium
10 (GIBCO BRL, a defined serum-free medium used routinely for human lymphocyte cultures) with 0.2% (w/v) NaAzide (to block internalization/recycling) in media alone or with the addition of FZI/0 (4.0 mg/ml), FZI/1
15 (4.0 mg/ml), BSA (4.0 mg/ml; negative control) or unlabeled Zot (160 µg/ml; positive control). Zot-FITC was then added to each tube to reach a final concentration of 40 µg/ml and incubated for 5 min (the time required to reach equilibrium),
20 washed and immediately run in the flow cytometer. Thus, FZI/0, FZI/1 and BSA were added at 100-fold excess and unlabeled Zot at 4-fold excess compared to the concentration of Zot-FITC added. Unfortunately, the technical difficulties in
25 obtaining large amounts of purified unlabeled Zot preparations precluded evaluating its ability to block Zot-FITC binding at more than 4-fold excess. Platelets, erythrocytes (if any) and cell debris were excluded from analysis by setting an
30 appropriate gate on the forward vs. 90° light scatter parameters. For each sample we collected data for over 10,000 cells. Data analysis was performed using the Epics Elite analysis package (Coulter) or the WinList list-mode analysis package

(Verity Software House, Topsham, ME). The results are shown as % suppression of the mean fluorescence intensity of cells incubated with Zot-FITC in the presence of Zot antagonists, unlabeled Zot or BSA as related to the mean fluorescence intensity of cells incubated in media alone (arbitrarily assigned a value of 100%).

B. Results

A representative experiment showing the effects of incubation of PBMC from 3 different volunteers with Zot antagonists, unlabeled Zot or BSA is shown in Figure 9. The addition of either FZI/0 or FZI/1 Zot antagonists at 100-fold excess did not significantly block binding of Zot-FITC to CD14+ gated macrophages. Similarly, addition of 100 fold excess BSA did not affect binding of Zot-FITC. In contrast, pre-incubation with only 4-fold excess unlabeled Zot blocked binding of Zot-FITC by 24-43%. These results suggest that binding of Zot to human macrophages involves a receptor with different binding sites than those of Zot/zonulin receptors identified in brain and intestinal tissues.

25

EXAMPLE 8

Zot Suppression of Tetanus Toxoid
(TT)-Induced Proliferation is
Dependent on Factor(s) Present in Serum

30 A. Material and Methods

Isolation of Human Peripheral Blood Mononuclear cells (PBMC) from healthy volunteers

PBMC were isolated from healthy volunteers as described in Example 4 above.

Preparation of Purified 6xHis-Zot

The preparation of 6xHis-Zot was as described in Example 2 above.

5 Culture Conditions and Lymphoproliferation Assays

PBMC (1.5×10^6 cells/ml) were cultured in 1.0 ml of either (a) AIM-V medium, (b) RPMI 1640
10 containing 10% (v/v) heat-inactivated fetal calf serum and 50 µg/ml gentamicin or (c) RPMI 1640 containing 10% (v/v) heat-inactivated human AB serum and 50 µg/ml gentamicin. Cells were incubated at 37°C, 5% CO₂ in 96-well plates in the absence or
15 presence of tetanus toxoid (TT; a specific antigen, used at 2.0 µg/ml; Wyeth, Marietta, PA) without or with purified Zot (60 µg/ml) or bovine serum albumin (BSA; a control protein, 60 µg/ml; Fraction V, Sigma, St. Louis, MO). Cells were cultured for
20 6 days and 1.0 Ci/well of tritiated thymidine was added. Plates were harvested 20 hr later on a Wallac cell harvester (Gaithersburg, MD) and incorporated thymidine measured on a Wallac Trilux Microbeta counter (Gaithersburg, MD).

25

B. Results

The results from 3 independent experiments showed that no inhibition of TT-induced proliferation could be observed when PBMC were
30 incubated in the absence of serum, e.g., when the AIM-V defined media was used in the cultures. In fact the reverse was observed in most cases, i.e., incubation with Zot in the absence of serum lead to increased proliferative responses to TT. In

contrast, incubation with Zot resulted in marked suppression of TT-induced proliferation when cultures were performed in the presence of either FCS or human AB serum. In fact, the presence of human AB serum appears to mediate higher levels (up to 90%) of suppression of TT-induced proliferation than that observed in the presence of FCS.

EXAMPLE 9

10 Zot Suppression of CD14 Expression
 on Human Monocytes/MacrophagesA. Material and Methods15 Isolation of Human Peripheral Blood Mononuclear
 Cells (PBMC) from Healthy Volunteers

PBMC were isolated from healthy volunteers as described in Example 4 above.

20 Preparation of Purified 6xHis-Zot

The preparation of 6xHis-Zot was as described in Example 2 above.

25 Culture Conditions and Flow
 Cytometric Analysis

PBMC isolated as described above were incubated at 37°C, 5% CO₂ in 24-well plates for various time periods (4 hr to 7 days) in the absence or presence of tetanus toxoid (TT; a specific antigen, used at 2.0 µg/ml; Wyeth, Marietta, PA) without or with purified Zot (60 µg/ml) or bovine serum albumin (BSA; a control protein, 60 µg/ml; Fraction V, Sigma, St. Louis, MO). Cells were then stained with a mAb to CD14 conjugated to FITC and analyzed by

flow cytometry. Platelets, erythrocytes (if any) and cell debris were excluded from analysis by setting an appropriate gate on the forward vs. 90% light scatter parameters. For each sample, data for
5 over 10,000 cells was collected. Data analysis was performed using the Epics Elite analysis package (Coulter) or the WinList list-mode analysis package (Verity Software House, Topsham, ME). The results are shown as single color histograms of CD14
10 fluorescence on cells gated on the "monocyte region", defined based on the forward scatter vs. side scatter characteristics of human macrophages.

B. Results

15 A representative experiment showing the effects of incubation of PBMC with Zot on the expression of CD14 in human macrophages is included in Figures 10A-10B. The addition of Zot caused a marked suppression of the expression of CD14
20 following 18 hr of incubation. This effect was very pronounced either in the absence (Figure 10A) or presence (Figure 10B) of tetanus toxoid. Addition of BSA did not affect CD14 expression. Kinetic experiments showed that Zot-induced suppression of
25 CD14 expression is observed in approximately half of the experiments as early as 4-6 hr following exposure to Zot and that CD14 expression remains markedly suppressed after 7 days in culture (the last time point evaluated). CD14 is a molecule in
30 the surface of macrophages that acts as a high-affinity receptor for LPS-LPS-binding protein complexes. Thus, down-regulation of CD14 expression by Zot is believed to have profound effects on

5 Effects of Zot on the Viability of Human Lymphocytes and Monocytes/Macrophages

10 Isolation of Human Peripheral Blood Mononuclear Cells (PBMC) from Healthy Volunteers

15 Preparation of Purified 6xHis-Zot

Culture Conditions and Flow Cytometric Analysis

- 65 -

forward vs. 90% light scatter parameters. For each sample, data for over 10,000 cells was collected. Data analysis was performed using the Epics Elite analysis package (Coulter) or the WinList list-mode
5 analysis package (Verity Software House, Topsham, ME). The results are shown as the % viable cells gated on the "monocyte region" or "lymphocyte region", defined based on the forward scatter vs. side scatter characteristics of these cell
10 populations.

B. Results

A representative experiment showing the effects of incubation of PBMC with Zot on the viability of
15 human macrophages and lymphocytes is included in Figure 11. Addition of Zot caused moderate decreases in the viability of macrophages as compared to controls as early as 1 day in culture. These decreases became quite pronounced by day 4 and
20 virtually all macrophages were dead after 7 days in culture. In contrast, no differences in lymphocyte viability were observed among cultures incubated with Zot and those incubated with media or BSA until day 4. However, lymphocyte viability was markedly
25 decreased at later times in the presence of Zot. Similar results were observed when TT was added to the cultures in the absence or presence of Zot. These results demonstrate that Zot affect macrophage viability at relatively early times, while the
30 effects on lymphocytes do not become apparent until at least 4 days in culture. These observations provide additional information concerning the mechanisms that may underlie Zot-mediated

suppression of antigen processing and presentation,
pointing to an early effect on macrophages.

EXAMPLE 11

5 Zot-mediated Induction of Cytokine Production by Human Monocytes/Macrophages and Lymphocytes

A. Material and Methods

10 Isolation of Human Peripheral Blood Mononuclear Cells (PBMC) from Healthy Volunteers

PBMC were isolated from healthy volunteers as
described in Example 4 above.

15 Preparation of Purified 6xHis-Zot

The preparation of 6xHis-Zot was as described
in Example 2 above.

Culture Conditions

20 PBMC isolated as described above were incubated
at 37°C, 5% CO₂ in 24-well plates for various time
periods (6 hr to 4 days) in the absence or presence
of tetanus toxoid (TT; a specific antigen, used at
2.0 µg/ml; Wyeth, Marietta, PA) without or with
25 purified Zot (60 µg/ml) or bovine serum albumin
(BSA; a control protein, 60 µg/ml; Fraction V,
Sigma, St. Louis, MO). For studies involving the
production of TNF-α, IL-1β and IL-10, the content of
the wells were collected at 6 hr and at days 1, 2
30 and 4 into 1.5 ml Eppendorf tubes and centrifuged at
4°C for 10 min at 2,700 x g in a refrigerated
Eppendorf centrifuge to remove cells and debris.
Supernatants were then transferred to new Eppendorf
tubes and frozen at -70°C until analyzed.
35 Supernatants for the measurement of

T lymphocyte-derived cytokines (e.g., IL-2, IL-4 and IFN- γ) following stimulation with TT without or with purified Zot or BSA were collected after 3 days.

5 Cytokine Measurements by Chemiluminescence
 ELISA

 A standard chemiluminescence capture ELISA was used to detect the presence of cytokines in the cell
10 culture supernatants. Briefly, 1.0-2.0 μ g/ml of anti-human cytokine antibodies were coated onto 96-well black opaque ELISA plates (Corning-Costar, Cambridge, MA) in either PBS (pH 7.4) (Biofluids) or 0.1 M sodium bicarbonate (pH 8.1) overnight at 4°C.
15 Plates were washed with PBS (pH 7.4) containing 0.5% (v/v) Tween-20 (Sigma) and blocked for 2 hr with either PBS (pH 7.4) containing 10% (v/v) FCS or 4.0% (w/v) BSA. After washing, 100 μ l of cell culture supernatants or recombinant human cytokines
20 (as standards) were added to the wells and incubated for 2 hr at room temperature. After washing, the corresponding anti-cytokine mAbs conjugated to biotin were added to the wells (45 min at room temperature), washed and incubated with
25 avidin-peroxidase for 30 min at room temperature. BM chemiluminescence ELISA reagent (Boehringer Mannheim, Gaithersburg, MD) was then added and chemiluminescence detected on a 1450 Microbeta Trilux plate reader (Wallac, Gaithersburg, MD). The
30 anti-IL-1 β antibodies were obtained from Endogen (Woburn, MA), all others were obtained from Pharmingen (San Diego, CA).

B. Results

A representative experiment showing the ability of Zot to induce cytokine production by human macrophages is shown in Figures 12A-12C. Addition of Zot (in the absence of TT) induced the production of considerable amounts of TNF- α as early as 6 hr, reaching peak levels at 24 hr (3,400-3,800 pg/ml) and decreasing afterwards reaching near-baseline levels by 4 days (Figure 12A). Lower levels of TNF- α were observed in media or BSA cultures (~1,000-1,100 pg/ml), probably the result of non-specific activation of macrophages following adherence to plastic. A weak induction of IL-1 β by Zot (~40-60 pg/ml) was also observed that reached peak levels after 2 days and decreased considerably by day 4 (~20 pg/ml) (Figure 12B). No significant levels of IL-1 β were observed in media or BSA cultures. Finally, incubation with Zot resulted in the production of high levels of IL-10 after 6 hr (~1,000 pg/ml), reaching peak levels by day 1 (~1,500 pg/ml) and remaining at the same concentrations up to day 4 (Figure 12C). Similar to the findings described above for TNF- α , considerably lower levels of IL-10 were observed in media or BSA cultures, probably the result of non-specific activation of macrophages following adherence to plastic. The presence of TT did not alter either the kinetics or the magnitude of the cytokine responses observed following the addition of Zot. The induction of high levels of potent proinflammatory cytokines following exposure to Zot provides additional information concerning the mechanisms that may underlie Zot-mediated

suppression of antigen processing and presentation, again pointing to an early effect on macrophages. For example, Zot-mediated induction of IL-10 production, a cytokine known to be a major inhibitor of the Th1 type response through the inhibition of the production of cytokines such as IL-2, is believed to play a significant role in the suppression of antigen-induced lymphoproliferative responses observed when Zot is added to the cultures.

A representative experiment showing the effects of Zot on the production of T cell-derived cytokines is shown in Figures 13A-13B. It was observed that the addition of Zot suppressed IL-2 production induced by incubation with TT, while BSA had no effect (Figure 13A). No measurable levels of IL-2 were induced by Zot in the absence of TT. In contrast, addition of Zot consistently induced the production of low to moderate levels of IFN- γ in the absence of TT, similar to the levels induced by TT (Figure 13B). Moreover, Zot markedly increased the levels of IFN-induced by TT, while BSA had no effect (Figure 13B). Finally, it was observed that the addition of Zot did not induce IL-4 production. Since IL-2 is a cytokine that plays a critical role in lymphocyte proliferation, suppression of the production of IL-2 following antigenic stimulation is believed to be one of the key mechanisms underlying Zot-mediated suppression of TT induced proliferation. Also of importance, the fact that Zot induces IFN- γ production in the absence or presence of TT, as well as the production of many pro-inflammatory cytokines, indicates that Zot

exerts its immunoregulatory effects at various levels during the complex process of antigen processing and presentation leading to the generation of antigen-specific immune responses.

5 All references cited herein are incorporated by reference in their entirety.

While the invention has been described in detail, and with reference to specific embodiments thereof, it will be apparent to one with ordinary
10 skill in the art that various changes and modifications can be made therein without departing from the spirit and scope thereof.

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